



DECISION MAKING 101

Four things to keep in mind when making an important decision

1

CONSIDER

What would the best version of you do? What would you do if you didn't have self-doubt or fear?

2

GATHER

It's hard to make a decision without enough information. Gather data about the dilemma, problem, or decision. Weigh the pros and cons.

3

SEEK

Seek advice from a wise person who knows something about the issue. Seek God's will in prayer.

4

MOVE

Make some small movement toward a decision. Take a small step. Test out the advice you received. This step may provide some clarity.

BASED ON FR. MIKE SCHMITZ

YOUTUBE VIDEO "DECISION MAKING 101"

PRAYER FOR DECISION MAKING

Lord, Almighty God,
source of light, truth, and eternal goodness,
transform this present moment
into an hour of vision and inspiration.

Help me to find wisdom;
shed light on my thoughts.

May my aspirations come true
through righteous and good deeds.
Give me the strength to concentrate,
to think objectively,
and to see clearly.

Shed your light on me so that I may see
which decision to make.

Help me, O my Eternal God,
to avoid vanity and pride,
and thus be able to make worthy decisions
as a true child of yours.

Amen.

