

5 FATHER'S DAY MINUTE TO WIN-IT GAMES

1. TAPE TOWER



Items Needed

- 8 rolls of Duct Tape
- A yardstick

How to Play

What dad doesn't love duct tape? Here's a game for him! Using only the yardstick, stack all 8 rolls of duct tape one on top of the other to form a tower. Complete this challenge in 60 seconds or less, and you're the duct tape king!



2. WIGGLE & TOSS

Items Needed

- belt
- empty square tissue box
- 10 ping pong balls or bouncy balls

Prep: Cut 2 slits in the lower sides of tissue box so you can slide the belt end through it. The box should sit against the player's back with the opening pointing away like this:

How to Play

Place the balls in the tissue box opening. The player has to wiggle and jump around trying to get the balls out without touching the balls or the box. Who can get the most balls out in under a minute? Variation: For small children, cut a wider opening in the box.

3. STICKY SITUATION



Items Needed

- Vaseline
- cotton balls
- plates

How to Play

See how coordinated dad is compared to the kids! Each player needs two plates. Place 5-10 cotton balls on one of the plates. Put a dab of Vaseline on each player's nose. On "GO," see who many cotton balls you can move to the empty plate in 60 seconds! Variation: Small children should have fewer cotton balls.



4. SNOOZE & SNACK

Items Needed

- Dad's favorite napping chair or couch
- 5-10 Ding Dongs or Little Debbie Zebra Cakes

How to Play

Pick two players or create two teams. One will sit in Dad's favorite napping spot and recline back while the other person performs the challenge. The goal is to stack all of the Ding Dongs or Zebra Cakes on your partner's forehead in 60 seconds. Winners gets to share their cakes with the rest of the family!

5. GOOFY STRIKE



Items Needed

- pair of pantyhose with a baseball or tennis ball stuffed in one foot
- 10 full plastic water bottles

How to Play

The player places the waistband part of the pantyhose on top if his/her head like a beanic. At "GO," knock down as many of the bottles of water with your pantyhose "bat" as you can in 60 seconds.