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# Litany of St. Joseph

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Lord, have mercy.  
*R./ Lord, have mercy.*

Christ, have mercy.  
*R./ Christ, have mercy.*

Lord, have mercy.  
*R./ Lord, have mercy.*

God our Father in Heaven,  
*R./ have mercy on us.*

God the Son, Redeemer of the world,  
*R./ have mercy on us.*

God, the Holy Spirit,  
*R./ have mercy on us.*

Holy Trinity, one God,  
*R./ have mercy on us.*

**After each line, respond "Pray for us."**

Holy Mary,  
Saint Joseph,  
Illustrious son of David,  
Light of Patriarchs,  
Spouse of the Mother of God,



Guardian of the Redeemer,  
Pure Guardian of the Virgin,  
Provider for the Son of God,  
Zealous defender of Christ,  
Servant of Christ,  
Minister of salvation,  
Head of the Holy Family,  
Joseph, most just,  
Joseph, most chaste,  
Joseph, most prudent,  
Joseph, most brave,  
Joseph, most obedient,  
Joseph, most loyal,  
Mirror of patience,  
Lover of poverty,  
Model for workers,  
Glory of family life,  
Guardian of virgins,  
Cornerstone of families,  
Support in difficulties,  
Comfort of the sorrowing,  
Hope of the sick,  
Patron of exiles,  
Patron of the afflicted,  
Patron of the poor,  
Patron of the dying  
Terror of demons,  
Protector of the Holy Church,



Lamb of God, you take away the sins of the world,

*R./ spare us, oh Lord.*

Lamb of God, you take away the sins of the world,

*R./ hear us, oh Lord.*

Lamb of God, you take away the sins of the world,

*R./ have mercy on us.*

God made him the master of his house,

*R./ and put him in charge of all he owned.*

Let us pray. O God, who in your inexpressible providence were pleased to choose Saint Joseph as spouse of your most holy Mother, grant, we pray, that we, who revere him as our protector on earth, may be worthy of his heavenly intercession. Who live and reign for ever and ever.

*R./ Amen.*



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# PRAYER TIPS

## for Families

### **Make it a habit.**

Pray at the same time every day so your kids know what to expect. You might anchor your day in prayer like religious communities do. Could you pray together before breakfast, after dinner, and before bed?

### **Set the tone.**

Turn off screens and unnecessary lights. Light a candle. I sometimes light incense in a small thurible. Sit in silence for 15-30 seconds to signal to your children that it's time to turn our attention to God.

### **Be realistic.**

Small kids are fidgety and will make mistakes. Simply invite them back to the prayer if they become distracted. Lead by example.

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