MOTIVATING CHILDREN TO LEARN

How can you motivate your child to try new things, follow through on educational tasks, and enjoy learning? Children are born with a natural drive to explore the world, but this drive can be encouraged or squelched through early experiences. Psychological research offers insights into best practices to protect a child's natural motivation to explore and learn.



Fill the Attachment Cup

Children learn from a place of emotional rest. Only when their attachment needs are satiated will their minds turn toward the bigger world. Their ideas and curiosity emerge naturally when their attachment cups are full.

Break Up Tasks

Kids can become overwhelmed by big projects. Show your child how to break up the task into smaller steps. Remind her that she doesn't have to tackle the entire project at once.



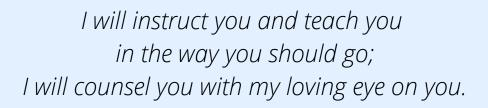
Work Together

If your child seems sluggish about completing homework, try working alongside him. He might be anxious about the subject, or he might just need a buddy to help him stay focused.

Set Achievable Goals

Children learn best when learning expectations are set somewhere between what is too easy for them and what is too hard. Too easy - they're bored. Too hard - they're frustrated.





-Psalm 32:8

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